

Brown and drain 1 lb hamburger.

Add liquid and spices

Add pasta, potatoes, or rice and any vegetables

Simmer covered 20 minutes

Stir in cheese during last few minutes of cook time.

Add topping (if using) and let stand uncovered 5 minutes.

FLAVOR	SPICES	LIQUID AND OTHER
--------	--------	------------------

Beef Stroganoff	1 tbs cornstarch	1 cup water
	1 tsp salt	1 ½ cup milk
	1 tsp onion powder	½ cup sour cream
	2 tsp garlic powder	1 ½ cup egg noodles
	1 tsp parsley	1 cup fresh sliced mushrooms
	½ tsp pepper	

Cheeseburger Mac	1 tbs cornstarch	1 cup water
	1 tsp salt	2 cups milk
	1 tsp onion powder	1 ½ cup macaroni
	1 tsp garlic powder	1 cup cheddar
	2 tsp paprika	

Cheesy Italian	1 tbs cornstarch	¾ cup water
	1 tsp salt	2 cups milk
	1 tsp onion powder	1 ½ cups pasta shells
	1 tsp garlic powder	1 cup diced tomatoes
	1 tbs Italian seasoning	1 cup cheddar

Cheesy Taco	1 tbs cornstarch	2 ¼ cups water
	1 tsp salt	½ cup milk
	1 tsp onion powder	1 cup rice
	1 tsp garlic powder	1 cup diced tomatoes
	1 tbs taco seasoning	1 cup cheddar
		TOPPING: ½ cup cheddar
		1 cup Fritos

Chili Cheese	1 tbs cornstarch	1 cup water
	1 tsp salt	2 cups milk
	1 tsp garlic powder	1 ½ cup macaroni
	1 tbs chili powder	1 cup cheddar
	½ tsp paprika	

Chili Mac	1 tbs cornstarch	2 ¼ cups water
	1 tsp salt	½ cup milk
	1 tsp onion powder	1 ½ cup macaroni
	1 tsp garlic powder	1 cup diced tomatoes
	1 tbs chili powder	½ cup cheddar

Lasagna	1 tbs cornstarch	2 ¼ cups water
	1 tsp salt	½ cup milk
	1 tsp onion powder	1 ½ cup macaroni
	1 tsp garlic powder	1 cup diced tomatoes
	1 tbs Italian seasoning	½ cup mozzarella
		TOPPING: parmesan

Potato Stroganoff	1 tbs cornstarch	1 cup water
	1 tsp salt	1 ½ cup milk
	1 tsp onion powder	½ cup sour cream
	2 tsp garlic powder	1 ½ cup sliced potatoes
	1 tsp parsley	1 cup fresh sliced mushrooms
	½ tsp pepper	

Salisbury	1 tbs cornstarch	2 cup water
	1 tsp salt	2 cups milk
	1 tbs onion powder	1 ½ cup egg noodles
	1 tsp garlic powder	
	½ tsp pepper	
	dash worcestershire	